Feedback provided during the poster activity at the Health Beyond Health Care Symposium

Many initiatives are underway across Los Angeles and surrounding counties to address some of the most pressing issues related to the social determinants of health. Before the symposium, we sent out a survey to help us identify the issues that pose the biggest challenge to community organizations when it comes to education, employment/economic security, environment, and housing/homelessness. Then, we asked symposium participants to share promising practices and resources they are using to tackle those issues. Their responses are listed below. The information contained here was provided by symposium attendees and should not be construed as an endorsement by the UCLA Kaiser Permanente Center for Health Equity.

EMPLOYMENT/ECONOMIC SECURITY: Lack of Workforce Development Opportunities		
Promising Practice	Organization	
Develop a comprehensive healthcare workforce pipeline project to provide high school youth with a broad understanding of possible careers and exposure to the clinic setting.	Community Health Councils, Sonya Vasquez, svasquez@chc-inc.org, 323- 295-9372 x 221	
Workforce development for students & young professionals including AltaMed Americorps program, Health Fellows, Medical Residency program and high school programs	AltaMed	
Collaborate to hire interns and expose them to IT and business	Year Up Los Angeles	
Partnership to provide skills and careers to high risk populations in South LA Early internships for middle and high school students	Workforce Development, Aging and Community Services: WDACS LA County	

Resources

- NEW Economics for Women Affordable housing and financial empowerment
- SASSFA job development program to teach resume building and encourage career exploration
- Patti's Way family foundation providing grants to individuals to smooth over occasional financial rough spots. Pattisway.org

- More career pipeline and leadership development opportunities for high school youth in low income communities
- Day laborer EPA certification for lead abatement
- Graduate programs that will expose new nurses to community based programs to implement the upstream approach early on

EDUCATION: Uncertainty and Fear Over Immigration Policies		
Promising Practice	Organization	
Translate written text into images that can be understood regardless of language	Leukemia & Lymphoma Society	
Provide information and education in 5 languages for South Asians in community spaces and on different platforms including YouTube	South Asian Network - Saima	
Offer "Know Your Rights" and judicial system workshops in various languages		
Educate attorneys on trauma faced by immigrants		
Utilize promotoras to deliver workshops and education		

Resources

- Care 1st/LA Care wellness portals care1st.com; <u>sfield@care1st.com</u>
- Youth empowerment bigcitizenhub.org
- Partnerships with legal organizations like Neighborhood Legal Services of Los Angeles, Public Counsel,
 The Asylum Collaborative LA, LA Refugee Forum, Torture Survivors' Project, Al Otro Lado, KIND
- St. John's Child & Wellness Center Unaccompanied Minor support group
- IRC International Rescue Committee in Los Angeles
- Visión Y Compromiso promotoras
- Esperanza Community Housing
- Catholic Charities

- Bring mental health professionals to schools to support students
- Develop more unconventional partnerships & practices to promote educational attainment
- Increase teacher salaries
- Reduce classroom size

ENVIRONMENT: Opportunities for Outdoor Physical Activity		
Promising Practice	Organization	
Install outdoor fitness centers in parks and partner with CSUF Kinesiology Program to teach people to use the equipment	Barry Ross, St. Jude Medical Center 714-992-3996	
Work with schools to improve school wellness policies at a district level to encourage more physical activity and improved nutrition	AltaMed	
Encourage community partnerships to activate safe spaces for families to play and learn	LA County DPH JUMPP Task Force & Park RX Initiative rbell@ph.lacounty.gov; dallopez@ph.lacounty.gov; jumpp@ph.lacounty.gov	
Night time activities and events in neighborhood parks with economic hardships to address physical and mental health	Parks After Dark (PAD)	
Provide free group exercise courses at community centers		
Create running/walking clubs/groups in the community		
Promotoras deliver bailoterapia (dance therapy) classes		

Resources

- Communities for Better Environment (CBE) Southeast based organization that focuses on environmental justice
- WellSat 2.0 Wellness policy evaluation tool
- Hindu Temples like Radha Kunj Meditation Center which offers free yoga for the community
- Visión Y Compromiso promotoras
- Dance instructor: Gaye Crismond, gaye.crismond@gmail.com

- Increase safety in neighborhood parks possibly through police or community partners
- Implement more field trips to expose children to the outdoors, not just museums

HOUSING/HOMELESSNESS: Lack of Affordable Housing		
Promising Practice	Organization	
Remove homeless members from skilled nursing facilities and place them back in the community w/care management	Inland Empire Health Plan	
Relieve administrative & financial responsibilities for implementing agencies	Helvena Health	
Hire social workers to help care manage homeless individuals	Palisades Park	
Establish foundation to pay for more affordable housing near medical centers	Kaiser Permanente	
Improved access to mental health services	Kaiser Permanente	
Link pregnant or immediate post-partum women w/housing services, provide "in-home" or safe space visits		
Housing as the hub for chronic health management & modifiable health behaviors with health plan investment		
Deploy "SWAT" teams to address high-need patients w/housing insecurity		
Understand and directly address links between mental health issues and homelessness		

Resources

- LA County Dept. of Public Health SPA 8, Curtis Tucker Health Center, Inglewood: Community health workers and public health nurses working together to provide resources, health screenings and additional support to homeless communities
- Brilliant Corners, Lighthouse, Step Up: Assist in housing homeless in Inland Empire/LA County
- <u>www.hivconnect.org</u>: Housing for people living with HIV
- Healthy Homes Collaborative
- Coalition for Economic Survival (CES), tenants' rights organization
- Mercy Housing, California
- Housing for Health (DHS)
- LA Family Housing
- Los Angeles Housing and Community Investment Department, and Housing Authority of the City of LA

- Affordable housing resources should be listed on websites, apps, other databases where the general public can access and apply for housing
- HHH and H funding successes should be highlighted. Too much negativity and blaming