



NATIONAL MINORITY HEALTH MONTH

Better Health Through Better Understanding | April 2023



minorityhealth.hhs.gov/nmhm

Health Literacy

Health literacy

refers to the ability to find, understand, and use information and services to inform health-related decisions and actions.

Culturally appropriate and easy to understand information empowers diverse community members to make informed decisions and obtain better health.

Find out more about:



National Minority Health Month

U.S. Department of Health & Human Services



Health Literacy and Culture

CDC



Improving Your Health Literacy

Summit Health