

DECEMBER 6-12 IS NATIONAL INFLUENZA VACCINATION WEEK

CDC estimates that 1.8 million flu-related illnesses and 1,000 deaths were prevented by vaccination during the 2021-2022 flu season.

**Protect Yourself.
Protect Others.**

Communities of Color are disproportionately affected by vaccine preventable diseases like influenza and pneumonia.

- Historic and ongoing racism and discrimination also create barriers to vaccination among people of color.
- Communities of color are also more likely to face other barriers to vaccination such as lack of insurance.

What You Can Do:

- Schedule your vaccination and ensure you are up-to-date on recommended flu vaccines.
 - Vaccinations are FREE and available at pharmacies.
- Share the benefits of getting vaccinated with your family, friends, and colleagues.

To learn more about the flu vaccine:



**Vaccinations
save lives and
prevent
serious
illness.**

To schedule your
free flu vaccine:



**Help build a
healthier and
safer
community
by getting
vaccinated.**

